

End Of Day Report - Day 2

Date: May 21, 2025

Organization: Mendonsa Foundation

Location: Railway Headquarters (W.R.M.S.) & Don Bosco Empowerment Camp (St. Joseph's High School)

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Session I: Eye Care Camp at Western Railway Mazdoor Sangh (W.R.M.S.)

Today began with a visit to the Western Railway Headquarters, where the Mendonsa Foundation organized an **eye care camp** at the W.R.M.S for the employees of the railway headquarters. Key takeaways from the visit include:

- 1. Understanding the Registration Process:**

We observed how the initial registration process plays a critical role in organizing the flow of patients and maintaining order during the camp.

- 2. Learning about Eye Diagnostic Equipment:**

We were introduced to the **Refractometer**, which is used to measure the **refractive index** of the eye.

- 3. Optometrist Evaluation:**

The next step involved an **Optometrist** using a **Phoropter** to determine the patient's eye "power" or vision prescription.

- 4. Ophthalmologist Referral & Examination:**

If irregularities were found during the optometrist's checkup, the patient was referred to an **Ophthalmologist**, who used a **Slit Lamp Microscope** for a more detailed eye examination.

In addition to learning about the eye check-up process, we assisted in **crowd management** and supported various tasks to ensure smooth operation at the camp.

Session II : Don Bosco Empowerment Camp at St. Joseph's High School

In the second half of the day, we visited the **Don Bosco Empowerment Camp** hosted at **St. Joseph's High School**, which focuses on **skill development and education** for underprivileged communities. Key highlights:

1. **Women Empowerment & Education Initiatives:**

The camp provides **skill training** to women, enabling them to start their own businesses and contribute to household income. It also supports children by offering **tuition classes** and teaching **essential life skills** for future credibility.

2. **Skill Categories Taught and explored at the camp:**

Ms. Surekha explained the three primary skill-development categories offered:

- **Tailoring**
- **Beauty**
- **Computers**

3. These areas help individuals pursue their interests and passions while gaining useful, employable skills.

4. **Empowering Through Alumni Involvement:**

A notable aspect of the camp is that many of the **instructors are former students**, who demonstrated strong potential and dedication. Their journey reflects the camp's long-term impact and contributes to the **quality of training and output**.

Reflection:

Today was an insightful and inspiring day. Where we witnessed first-hand how healthcare and education initiatives can empower communities, and were able to attain opportunities to learn, assist, and interact with the dedicated individuals behind these impactful programs.

